

MINUTES OF THE BOARD
October 18, 2018
North Country Community Mental Health
Board Room
1420 Plaza Drive
Petoskey, Michigan

BOARD MEMBERS PRESENT: Ed Ginop, Paul Liss, Caroline Loper,
Christian Marcus, Sr. Augusta Stratz,
Louis Scholl, Dennis Priess, Ron Iseler,
Karla Sherman, Robert Boyd, Patty Cox,
Betsy White, Michael Newman, Joel Evans

BOARD MEMBERS ABSENT: None

STAFF: Christine Gebhard, Scott Shearer, Brian Babbitt,
Natalie Weber, John Thorp, Samantha Johnstone,
Stacy Chipman, Joan Booth

GUEST: Bob Graves, Diane Denholm

Mr. Ginop called the meeting to order at 4:00 p.m.

ROLL CALL

Mr. Ginop welcomed the Board members, staff and guests to the meeting.

PUBLIC COMMENT

Mr. Evans introduced Bob Graves who is running for the Charlevoix County Commissioners seat that Mr. Evans is vacating.

AGENDA

Ms. Gebhard requested to add three items under Action Items Without Committee Review: Recipient Rights Advisory Council Applications; GF Amendment #1; and payment of CMHAM dues.

CONSENT AGENDA

Financial Statement

Balance on Hand, August 31, 2018	\$6,257,646.51
Receipts, Adjustments & Transfers, Sept.	\$4,412,457.77
Total Disbursements & Adjustments, Sept.	\$4,351,471.12
Increase in Cash Balance	\$ 60,986.65
Balance, September 30, 2017	\$6,318,633.16

Privileging Recommendations

There were no privileging recommendations this month.

**MOTION BY BOB BOYD, SECOND BY LOUIS SCHOLL, TO APPROVE THE
CONSENT AGENDA. MOTION CARRIED.**

COMMITTEE RECOMMENDATIONS – BOARD ACTION

Personnel Committee

Ms. Cox reviewed the Tuition Reimbursement Policy. It was requested that Ms. Gebhard read the policy which contained a few changes made by the Personnel Committee.

MOTION BY PATTY COX TO APPROVE THE TUITION REIMBURSEMENT POLICY AS AMENDED. MOTION CARRIED.

Ms. Cox reviewed the request by Ms. Gebhard to increase the tuition reimbursement to 100% for Katherine Green to obtain a BCaBC credential. Due to the high demand for autism services and severe workforce shortage, the agency needs more credentialed staff. Ms. Green is a parttime registered behavior technician interested in furthering her education.

MOTION BY PATTY COX TO APPROVE THE TUITION REIMBURSEMENT POLICY AS AMENDED. MOTION CARRIED.

ACTION ITEMS WITHOUT COMMITTEE REVIEW

Recipient Rights Advisory Council

Ms. Gebhard explained that there is still a shortage of members and presented two applications. One is Catherine Rubino and the other is Mary Beth Wakulat who worked for the agency for 36 years and just retired. Ms. Rappleeya, Director of Recipient Rights, is requesting that they both be approved.

MOTION BY JOEL EVANS, SECOND BY RON ISELER, TO ACCEPT BOTH APPLICATIONS. MOTION CARRIED.

General Funds Contract Amendment #1

Ms. Gebhard reviewed the amendment to the General Funds contract. There is no change in funding, only minor adjustments required to recipient rights procedures. Given MDHHS's timeline, Ms. Gebhard had to sign the amendment prior to the Board meeting.

MOTION BY PATTY COX, SECOND BY SR. AUGUSTA STRATZ, TO APPROVE SIGNING AMENDMENT #1 OF THE GENERAL FUNDS CONTRACT. MOTION CARRIED.

CMHAM Dues

Ms. Gebhard requested approval to pay the 2019 Community Mental Health Association membership dues in the amount of \$13,895, which was budgeted.

MOTION BY PATTY COX, SECOND BY CHRISTIAN MARCUS, TO APPROVE PAYMENT OF THE 2019 CMHAM MEMBERSHIP DUES IN THE AMOUNT OF \$13,895.00. MOTION CARRIED.

PRESENTATION

Natalie Weber, John Thorp and Samantha Johnstone – Eye Movement Desensitization and Reprocessing (EMDR)

Mr. Thorp, Natalie Weber, and Samantha Johnstone introduced themselves. Mr. Thorp described EMDR therapy which is used to treat trauma-related mental illness and post-traumatic stress disorder. He gave a brief history beginning in 1987 when the desensitization effects of eye movements were discovered. Ms. Weber expressed that this is “the closest thing to a magic wand” she has seen. Two brief videos were shown: one explained EMDR; the other contained patient testimonies on the effectiveness of EMDR. NCCMH clients have experienced significant improvement in their recovery using EMDR. Several staff have been trained, with additional training being planned.

CHIEF EXECUTIVE OFFICER’S REPORT/COMMUNICATIONS

Ms. Gebhard referred to the CEO Report on page 9. On October 15 she attended the second Stepping Up stakeholder meeting including a tour of the Charlevoix jail. The plan is to establish an Advisory Council to work with the Center for Behavioral Health and Justice from Wayne State University. She will meet with Judge Hayes on November 2nd. Mr. Marcus and other Board members expressed interest in expanding this opportunity into the other counties.

Ms. Gebhard referred the Board to the following items:

- A letter to NCCMH/NMRE employees on the change to their employment status.
- A press release on the New Horizons Clubhouse spaghetti dinner and auction which raised over \$2,600
- Weekly emails she is sending to staff entitled “Friday Update”
- An article from the Battle Creek Enquirer on the audit involving ex-CEO for Summit Pointe
- The fall edition of the Northern Exposure newsletter.

QUALITY IMPROVEMENT UPDATE

Ms. Gebhard presented a written report from Amy Christie who was unable to be here due to a conflict. The project to return the Access Center function to NCCMH is on schedule for January 2019.

NORTHERN MICHIGAN REGIONAL ENTITY

NMRE will be moving to another location the first of the year. There are several SUD issues on the agenda for this month.

OLD BUSINESS

There was no old business.

NEW BUSINESS

Ms. Gebhard reported that the Board retreat is scheduled for November 30 from 10:00 a.m. to 4:00 p.m. in the Reycraft Room at the Perry Hotel in Petoskey.

Ms. Gebhard reported that an employee's email account had been compromised. Mr. Balberde explained that immediate action was taken to secure the user's email account and that none of our networks were compromised. A thorough risk assessment is being conducted to determine the extent of exposure and notification requirements, and what actions will be taken to prevent similar occurrences.

Ms. Gebhard asked if the Board would like to continue the tradition of a Board dinner following the meeting in December. There was consensus to continue.

MOTION BY PAUL LISS, SECOND BY BETSY WHITE, TO ADJOURN THE MEETING AT 5:15 P.M.

Ed Ginop, Board Chair