

MINUTES OF THE BOARD

April 21, 2016

North Country Community Mental Health

Board Room

1420 Plaza Drive

Petoskey, Michigan

BOARD MEMBERS PRESENT: Ed Ginop, Christian Marcus, Karla Sherman,
Sr. Augusta Stratz, Joel Evans, Paul Liss,
Dan Plasencia, Louis Scholl, Gary Averill

BOARD MEMBERS ABSENT: Dennis Priess, Sue Allor, Robert Boyd, Craig Crambell

STAFF: Alexis Kaczynski, Dr. Lori Katzman, Joan Booth

Mr. Ginop called the meeting to order at 4:30 p.m.

ROLL CALL

Mr. Ginop welcomed the Board members and staff to the meeting.

PUBLIC COMMENT

CONSENT AGENDA

Financial Statement – Provider Operations - North Country CMH:

Balance on Hand, Feb. 28, 2016	\$6,547,781.65
Receipts, Adjustments & Transfers, March	\$3,779,968.01
Total Disbursements & Adjustments, March	\$3,877,233.27
Decrease in Cash Balance	\$ 97,265.26
Balance, March 31, 2016	\$6,450,516.39

*Approximately \$3,726,780 has been advanced from the State of Michigan and has been encumbered for outstanding bills.

Information (I) Items from Committee Reports

Information items were included in the committee minutes.

Privileging Recommendations

There were no privileging items to be approved by the Board.

MOTION BY LOUIS SCHOLL, SECOND BY SR. AUGUSTA STRATZ, TO APPROVE THE CONSENT AGENDA. MOTION CARRIED.

COMMITTEE RECOMMENDATIONS – BOARD ACTION

Nominating Committee

Ms. Sherman reported that the Nominating Committee recommended that the previous year's officers continue to serve this year as follows: Ed Ginop, Chair; Dan Plasencia, Vice Chair; and Sr. Augusta Stratz, Secretary.

The nominations were called three times.

MOTION BY LOUIS SCHOLL, SECOND BY PAUL LISS, TO APPROVE THE SLATE OF OFFICERS AS NOMINATED. MOTION CARRIED

Finance Committee

Minutes from the Finance Committee were distributed. Mr. Plasencia reviewed Budget Amendment #1, FY2016, and some of the details were described.

MOTION BY DAN PLASENCIA TO APPROVE BUDGET AMENDMENT #1, FY 2016. MOTION CARRIED.

Mr. Plasencia reviewed the request by the Information Technology Department to purchase a new Cisco firewall.

MOTION BY DAN PLASENCIA TO APPROVE THE RECOMMENDED CISCO FIREWALL IN THE AMOUNT OF \$31,505.84. MOTION CARRIED.

Mr. Plasencia reported on the situations involving the Cheboygan (Beacon Center) and the Charlevoix Buildings. There was a frozen pipe in the Beacon Center building with flooding and the insurance company has been covering clean up and repairs and Ms. Kaczynski reported on this. There is leaking in the basement of the M-66 building in Charlevoix. Joel Evans offered to help with the Charlevoix building in assessing the problem and what to do about it.

ACTION ITEMS – WITHOUT COMMITTEE REVIEW

There were no action items.

PRESENTATION

Psychiatry in Community Mental Health

Dr. Lori Katzman introduced herself and explained that she has worked for the agency for over 20 years and will be leaving to go into private practice at the Charlevoix Hospital. She talked about what a psychiatrist does in CMH, which includes assessment, diagnosis and treatment. She also supervises staff and emergencies and she is on call at night. The staff at CMH is

exceptional. They are truly excellent and care about the people the agency serves. They are caring, hardworking and committed.

The process of diagnosing includes interviewing and interacting with the client to try and get as much information as possible. Past history of the individual is very important and provides more detailed information which helps to determine a better diagnosis. If the client has been hospitalized and records are not available it is difficult. For example, sometimes a person with a mental illness does not have insight into the illness. The hope is that over time insight will be developed, the person will recognize he/she has a mental illness and take medicine prescribed. People who take their medicine can do well, live on their own and work.

Mr. Evans asked a question about how a determination is made as to whether a person needs to be hospitalized in a dementia/Alzheimer's unit. She explained that someone from the OBRA/Older Adult Services team evaluates the individual to determine if the patient needs to be hospitalized. Dr. Katzman feels that people do better over time with the new medications that have been developed. Most of the medications work but some will work better with an individual than another. Recently, CMH has been using Gene Sight DNA testing, which is available for certain medications and lets the psychiatrist know if the medication is being metabolized. NCCMH is on the cutting edge for using this testing. Dr. Katzman discussed autism.

Discussion was held about the criminal justice system and Dr. Katzman explained how psychoses are diagnosed. It has been more difficult since the Jail Liaison position was lost.

In acknowledgement of her 20 years of service Ed Ginop presented the following resolution to the Board:

WHEREAS, Dr. Lori Katzman is leaving North Country Community Mental Health after more than 20 years of distinguished service, and

WHEREAS, Dr. Katzman has provided excellent psychiatric services during this time, serving as Medical Director twice during this period, and

WHEREAS, Dr. Katzman has dedicated herself to improving the lives of untold numbers of clients served by North Country Community Mental Health, and

WHEREAS, Dr. Katzman's dedication has been recognized by her colleagues, resulting in an agency-wide achievement award of excellence for the year 1998, and

WHEREAS, Dr. Katzman has raised the standard of practice in the agency through her expectation of excellence, as exemplified by her participation in and leadership of the Clinical Forum and clinical staffings at all sites, and

WHEREAS, Dr. Katzman has played a leadership role in the emergency services system for the agency, and a pivotal role in the Assertive Community Treatment teams, the

OBRA/Older Adult Services Program, the Behavior Treatment Committee, the Health Services Committee and the Integrated Health Team, among others,

NOW, THEREFORE, BE IT RESOLVED that the North Country Community Mental Health Board extends its most sincere gratitude to Dr. Katzman for her commitment, dedication and service and its best wishes for her future endeavors.

MOTION TO APPROVE THE RESOLUTION HONORING DR. LORI KATZMAN FOR HER 20 YEARS OF SERVICE TO NORTH COUNTRY COMMUNITY MENTAL HEALTH ON A ROLL CALL VOTE: AYES 10 – GARY AVERILL, JOEL EVANS, ED GINOP, RON ISELER, PAUL LISS, CHRISTIAN MARCUS, DAN PLASENCIA, LOUIS SCHOLL, KARLA SHERMAN, SR. AUGUSTA STRATZ. NAYS – NONE.

DIRECTOR’S REPORT/COMMUNICATIONS

Ms. Kaczynski referred to the 2015 Annual Report that was distributed today.

She also provided to the Board members the notes from the Legislation and Policy Committee meeting along with the handout from the House and Senate versions of the budget. Her assessment is that it is resolved for now, but not forever. She explained the politics around this.

Ms. Kaczynski announced that NMRE has lost several key staff including their Finance Director and Regulatory Compliance Coordinator. The NCCMH ACT North Supervisor has taken the position of Access Team Leader with NMRE.

She referred to a news release that will be coming out in the Traverse City Record Eagle and will get it to them next month.

She referred to the information distributed tonight on Contract Amendment #2 that needs to be signed and returned by May 1 and she normally signs and sends them in. This will involve a lot of work with a Trauma Committee and she reviewed the pieces of this amendment.

May is Mental Health Month and Ms. Kaczynski reviewed the calendar of activities planned including the Run & 1 Mile Walk for Mental Health and the 4K Run that will be a splash of color run and she will send this information to the Board members electronically. She also mentioned the traveling art show and the Day of Recovery Education at Tree Tops Resort. The Evening of Understanding is new this year and she explained this. The Autism Walk is April 30 in Boyne City.

QUALITY IMPROVEMENT UPDATE

Ms. Gebhard is not in attendance today because she is attending a conference. The Quality Improvement Update was included in the Board mailing.

NORTHERN MICHIGAN REGIONAL ENTITY

Ms. Kaczynski indicated that the minutes of the last Board meeting were included in the Board packets.

OLD BUSINESS

There was no old business this month.

NEW BUSINESS

Ms. Kaczynski reminded everyone about the Association Spring Conference and asked them to advise Ms. Booth if they want to attend.

Mr. Scholl announced that on June 3rd, the National Bass Festival Committee is donating money for rides and food and that his band will be playing. This event will be held in Mancelona.

MOTION BY RON ISELER, SECOND BY SR. AUGUSTA STRATZ, TO ADJOURN THE MEETING AT 6:15 P.M. MOTION CARRIED.

Ed Ginop, Board Chair